

PCC AGM 2022-

Parish Nurse Report.

Since the last report I have implemented a routine whereby I have worked from home and as the Pandemic was subsiding I came to the church and started visiting according to need.

INFECTION Control -----continues both within the church and outside

Average Voluntary hours ---each month 80

Many things are included in each week: Decaf----offering support to all who attend.

Falls Prevention exercise class every Thursday with various numbers attending all of whom have mobility problems. I began this class in July and am pleased that the numbers remain good.

Working from home involves contact with many people who are on their own and may have medical problems they wish to discuss. Average number of Telephone calls each week is 12, and receiving calls to me 4-5 a week.

These contacts include problem solving, and explanations concerning medical terminology, as well as discussing medications.

Test results are explored by explaining some normality in results.

Coping with Loss: involves visits

Family discussions

Funeral attendance

And much time listening

Providing anxiety care, by planning and advising on actions that may help

Pre-/post hospital admission advice and contact

Of course I cannot ignore Church on Sundays : many times people will chat to me about their health concerns .I sometimes can answer questions swiftly however I am keen that CONFIDENTIALITY IS POSSIBLE so will invite that person to see me separately or a visit can be arranged.

Sadly there has been occasions when someone approaches me to inform me of a person's health difficulties ---as if I do not know about them and then tells me what to do about it ! I remain polite and say almost nothing as it is a CONFIDENTIAL service that I provide .I will not disclose information.

Supporting the CLERGY-----yes they need help at times and I am pleased to be able to provide the appropriate advice and direction.

Zoom meetings -----during the year included those with Rev Jonathan Ford and with the regional co-ordinator for Parish Nurses I also attend PN meetings 4 times a year.

NMC regulations require me to be up to date so I complete many zoom lectures in a year and use the recent information to assist others ,these may be in the evenings

Bonus experiences—keeping involved with the University of East Anglia and talking to students----who I pray may come here to see what a PN does.

A question-----What has happened to the wheelchair?

I look forward to continuing this service and welcome the opportunities to care from our church.

Lesley